

DREAM

FIGURES

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DREAM, "Drug Resources Enhancement against AIDS and Malnutrition" is a programme created by the Community of Sant'Egidio to fight AIDS in sub-Saharan Africa.

The project implements a holistic approach, combining antiretroviral therapy (Highly Active Antiretroviral Therapy - HAART) with the treatment of malnutrition, tuberculosis, malaria and sexually transmitted diseases. Particular attention is paid to health education at all levels.

DREAM aims to pursue its objectives by attaining the highest qualitative standards for the treatment and care of HIV.

DREAM started in Mozambique in March 2002, after two years of preparatory work. The idea to start such a project was born in 1998, when the Community of Sant'Egidio decided to take on the struggle against the devastating impact of HIV/AIDS in Africa.

The DREAM programme aims to introduce the essential components for a complete strategy of prevention and treatment of AIDS within the structures of national health systems.

The programme recommends itself as a model for wide application as a response to the epidemic.

The main objective has been attained through the realization of a free service of diagnosis and treatment.

The prevention of the transmission of HIV through home care services (Community Care and Home Care services - CCHC) and mother-to-child transmission (Mother and Child Prevention

and Care MCPC) are key components of the programme.

Patients under treatment: **80,000** beneficiaries □ of whom **17,000** less than 15 years old □ □ **47,000** in antiretroviral therapy □ of whom **4,500** children □ □ Children born healthy from the vertical program prevention: **8,600** □ □ Current Pregnancies under treatment: **1,200** □ □ **1,000,000** persons that in these years used the DREAM programme (health training, water filters, nutritional support, mosquito netting, prevention programs on work, radio, television etc) □ □ Medical visits carried out: **500,000** □ □ Viral loads carried out: **200,000** □ □ CD4 carried out: **465,000** □ □ **10** countries in which DREAM is working: Mozambique, Malawi, Tanzania, Kenya, Republic of Guinea, Guinea Bissau, Cameroon, Congo RDC, Angola and Nigeria □ □ **31** working DREAM Centres □ □ **18** laboratories of molecular biology □ □ **16** formation panafrikan courses □ □ **3,500** formed African professionals □ □ Costs: **600** euro the annual cost per patient (therapies, analysis, home care, nutritional support, medical visits) □ □ **500** euro the cost for each healthy child born from a hiv-positive mother